



Women's Business Network presents for members and guests:

“What’s A Girl to Do?”

Would you be concerned if there was lead in your lipstick? Formaldehyde in your baby's shampoo? Unnecessary estrogen in your hand lotion? “*What’s A Girl to Do?*” explores news headlines in an empowering workshop, exploring alarms, and turning them into informative actions.

- ✓ Discover *why* harmful ingredients are in cosmetics and personal care products.
- ✓ Implement simple specific changes to fit your lifestyle.
- ✓ Focus on money-saving alternatives.
- ✓ Become a vigilant consumer.
- ✓ Explore safer products and protective laws that are rapidly evolving now.

Tuesday April 27th, 2010 9:30 a.m. – 11:00 a.m. Mansfield Town Hall

Thanks to the sponsorship of the Women's Business Network, the registration is a special reduced rate: Members \$5, Guests \$10. Please pay at the door. Please RSVP to WBN at info@wbNSEMA.org.

Explore www.choosewiser.com to watch free educational and inspiring videos.

Or to sign up for the *Be Choosy! Newsletter* with tips, news, and events.

Or, become a Fan of Choose Wiser on Facebook for quick ideas and discussions.

Kristi enlightens her audience with humor, stories, and activities with the goal to improve our personal environments. No products are sold. Instead, messages are empowering, designed specifically for women looking for resources, steps, and ideas.

Healthy Living Magazine recognized Kristi as a Champion in the health and wellness field, with Dr. Bernie Seigel presenting the award in January, and featured her in this month's issue of Healthy Living Magazine.

In September, she spoke with **Senator John Kerry's** campaign managers regarding impending safe cosmetic legislation.

Her quest recently caught the attention of the **Campaign for Safe Cosmetics** who is featuring her in a video posted nationally.

Greenschools recognized her with *Outstanding Leadership* award.

Kristi presented as keynote speaker to nurses from **Dana Farber and Faulkner Hospital** in October. .